



VIK RETREATS

## Ideal trip to JOSÉ IGNACIO

### Day 1

- > Arrival in Montevideo.
- > **TIP** *The transfer into Jose Ignacio is a great opportunity to drop by and visit Viña Eden, take the tour with wine tasting and have lunch.*
- > Arrival at Estancia Vik Jose Ignacio in the afternoon.
- > Dinner in Estancia Vik.
- > Night accommodation in Estancia Vik

### Day 2

- > Breakfast at the Estancia.
- > Horseback riding and swimming with horses in the river.
- > Lunch at the Estancia.
- > Afternoon activities: bikes, canoes, tennis. Or simply relax by the pool.
- > **TIP** *O33 (oil and wines producer) is only some minutes away from the Estancia. You can get there by bike, or... why not on horseback?*
- > Dinner at a local restaurant. On Tuesdays and Saturdays, you cannot miss the traditional Asado (BBQ) at the Estancia, and on Thursday nights: grilled pizza night.
- > Night accommodation in Estancia Vik

### Day 3

- > Breakfast at the Estancia.
- > Visit to Tierra Garzon Foundation: outdoor art gallery.
- > Departure to Garzon. A beautiful village whose old train station has been recovered with graffiti art. The village is home to Bodega Garzon Winery. This is an excellent option to take a tour in this incredible winery and have lunch overlooking the "Uruguayan Tuscany".
- > **TIP** *for those who are more Fit, biking from Tierra Garzon Foundation to the Village of Garzon is a MUST!*
- > Return to Jose Ignacio and night accommodation at Bahia Vik, to be in the sand dunes. Note: luggage will be sent directly to the next property.
- > Dinner in one of the restaurants in the area. There is much to explore.
- > Night accommodation in Bahia Vik.

### Day 4

- > Breakfast at Bahia Vik.
- > Visit to the town of Jose Ignacio. A light and pleasant walk to get to know the stores and art galleries in the town.
- > Lunch in La Susana Beach Club and Restaurant, or in one of the many restaurants in the area.
- > Relax day in the beach.
- > **TIP** *yoga classes in The Shack Yoga and Wellness are perfect to get active.*
- > Dinner in one of the restaurants in the area. There is much to explore.
- > Night accommodation in Bahia Vik.

### Day 5

- > Breakfast at Bahia Vik.
- > Visit to Pablo Aichugary Foundation: another outdoor art gallery.
- > Visit to Manantiales and La Barra: two villages close to Jose Ignacio with a varied culinary offer, just like the numerous art galleries and stores they have.
- > **TIP** *golf players will find in La Barra an 18 holes golf course.*
- > Dinner in one of the restaurants in the area. There is still much to explore.
- > Night accommodation in Bahia Vik.

### Day 6

- > Breakfast at Bahia Vik.
- > Bike tour to the Anastasio Lagoon with picnic.
- > Dinner in one of the restaurants in the area.
- > There is still much more to explore.
- > Night accommodation in Bahia Vik.

### Day 7

- > Breakfast at Bahia Vik.
- > Day at leisure at Bahia Vik
- > Departure to Montevideo, to take the return flight.

#### MORE TIPS

- > *Check out the polo matches calendar in Estancia Vik.*
- > *If you dare, you can also sign up for polo classes.*
- > *Full moon night? At Estancia Vik we guide horseback ridings under the moonlight every full moon night, followed by a BBQ picnic in the middle of the woods.*
- > *Do you feel like sailing? From Punta del Este we can sail away to practice stand up paddle or simply to watch the sunset from a boat, celebrating with Uruguayan wines and cheese.*
- > *Do you feel like biking? The whole area is great to take even more bike tours.*
- > *Birds lover? Estancia Vik is a paradise for bird watching, with more than 200 species.*
- > *Are you keen on water sports? In Jose Ignacio you can practice kitesurf, windsurf and surf.*
- > *We can add more nights to the itinerary!*

CONTACT US TO FIND OUT ABOUT AVAILABILITY AND PRICES  
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